

Worksite Wellness Success Stories

June 2007

Congrats to the Treasury 6W2W Participants!

Congratulations to all 151 Treasury employees who joined Six Weeks to Wellness this year. Hopefully everyone had fun and developed a couple of healthy habits! Prizes and certificates of accomplishment were handed out at the wrap-up gathering June 14th at the Operations Center. Those who don't work in the Lansing area had certificates and raffle prizes mailed to them.

Also, a big thank you to those who helped keep the program running smoothly:
Susan Bishop, Lisa Forester, Esther Lopez, Lori McGhee and Linda Worden.



The committee worked together to offer t-shirts, body analysis, brown bag lunch & learn meetings, and raffle prizes.

Top scorers were as follows:

Team Top Scorers:

#1 Team - 4 A Better Image with 1777 points: Stewart Sorenson, Berta Mendoza-Watkins, Jock McPhee, and Marge McPhee

#2 Team - SNL with 1692 points: Phil Trapp, Stephanie Bogard, Peggy LaFleur and Justin Draeger.

#3 Team - DL3 with 1686 points: Lisa Bordinaro, Luann Pfeifer, Lynsey Smith, and Deb Puckett.

Individual Top Scorers:

#1 Individual - Steve Vida with 456 points

#2 Individual - Jai Jaglan with 437 points

#3 Individual - Marsha Porter with 428 points

A prize was also given for the team and the individual who walked the most minutes during the entire six weeks. Winners were Steve Vida, who walked 4080 minutes(!), and Team DL3, who cumulatively walked 10,380 minutes. Each person won a pedometer for their high scores.